## CLASS ACTIVITY TEMPLATE AND GRADING RUBRIC

Most activities will have you answer the 3 questions below. Some will have you upload an additional document. As long as you follow the instructions for the document, you will get full points for it.

- 1. What did you personally learn from completing this activity that is <u>relevant</u> to Health Psychology? (150 words max)
- 2. Explain or describe a <u>relevant</u> and <u>specific</u> fact/finding/theory from the Health Psychology class that pertains to this activity. (1-2 sentences)
- 3. Explain or describe another <u>relevant</u> and <u>specific</u> fact/finding/theory from the Health Psychology class that pertains to this activity. (1-2 sentences)

